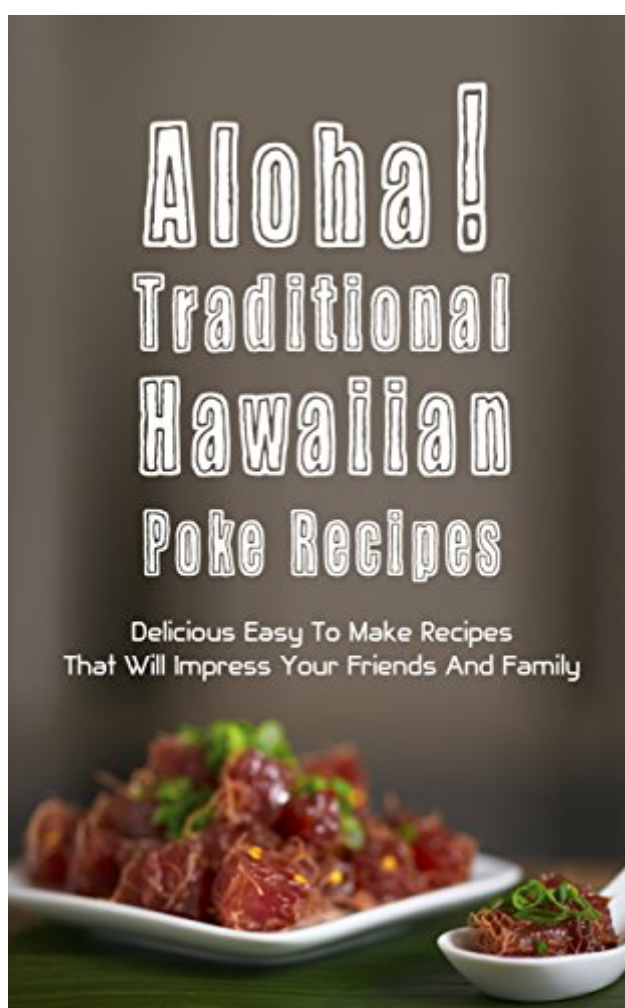


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Aloha! Traditional Hawaiian Poke Recipes: Delicious, Easy To Make Recipes That Will Impress Your Family And Friends



Synopsis

Read on your PC, Mac, smart phone, tablet or Kindle device. Poke is a raw salad usually served as a delicious appetizer in Hawaiian cuisine. Poke is word used to describe a section, slice or a cut. A typical Poke dish consists of cubed tuna marinated with salt, soy sauce, sesame oil, chili peppers and inamona – roasted crushed candlenut. Besides this basic combination, other varieties can be made, which is just as tasty. Tuna can be replaced with salmon so you can enjoy this dish in a variety of new poke flavors. In this book you can choose between different poke options, from classic ones, to pokes made with seaweed, wasabi or combination of salmon and tuna. All our recipes are easy to prepare and very simple to follow. By downloading this book you will receive: Original Poke recipes Recipes which will blow your mind Fast and easy recipes, suitable not only as appetizers but as side dishes Download your copy today! To order, click the BUY button and download your copy right now! Tags: Hawaii, Hawaiian, Poke, Traditional Recipes, Cookbook, Recipes, Tuna, Salmon, Ahi

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Customer Reviews

To be honest, I don't know what a "poke" dish is all about before I got this book, although I've heard a friend who had a vacation in Hawaii talk about it. I was curious when I saw this book on , so I bought it. I have not regretted the impulse at all. I had the temerity to serve creamy ahi poke in a small gathering of friends in my home the other night, and my guests just love it. Since then I've tried other recipes with my partner doing the taste test, and all of them were great, according to him. What I truly like about the poke recipes is the ease to prepare them. My only problem is getting familiar with some of the ingredients and scouting for them in the Asian market.

The signature dish of the Aloha State is poke. It is so celebrated in Hawaii that every year, the country hosts an annual festival to celebrate the dish. The perfect way to serve poke recipes is through the recipes presented in this book, Aloha! Traditional Hawaiian Poke Recipes. The next time you want to serve an exciting appetizer during dinner dates or friendly gatherings, check out the exciting recipes in the book.

I had never heard of Hawaiian Poke before but thankfully I was lucky enough to catch this book on promo. I love tuna sashimi and since poke is exactly that with added flavorings I look forward to trying these recipes. It's also great that you can substitute the tuna with tofu for a vegetarian alternative.

As discussed in this book, poke is a traditional hawaiian recipe which means that it is tried and tested through generations. This book has been a channel for this hawaiian delicacy to be shared to many people not only for us to experience hawaiian taste but for the tradition to continuously be passed to the coming generations. This book gave a lot of different recipes of poke that we can enjoy.

So there's a different kind of poke aside from the annoying Facebook poke, haha! This book has really simple recipes with ingredients that you can easily find in your favorite supermarket or you might even have them in your kitchen already. Eyeing the ahi poke with creamy wasabi sauce as well as the tuna and salmon poke for my first attempt to have a taste of Hawaii at home.

I'm really happy to have purchased this book! You'll learn a lot ranging from the history of the Traditional Hawaiian dish to the health benefits you can get from it! And the recipes are all so

incredible. While preparing the dish, you'll already feel like you're in Hawaii. Which is also perfect for the season here in the Philippines!

Very interesting! I don't know much about Hawaiian cuisine, so this book was fun for me to experiment with. The recipes are not hard to follow, but the results are pretty impressive. I haven't tried all the recipes yet, but the ones I have tried, we liked: ahi poke with creamy wasabi sauce and salmon poke. I look forward to trying more!

This was a really great book! My daughter is a big fan of ahi tuna when it's served plain as sashimi and as sushi so I really think she will enjoy these poke recipes once I give them a try! I'm a little wary about the peanut butter poke though, but if it's a recipe in this book it must be worth a try!

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